

# LOCAL PRESS CAFE

## All Day Menu

### ROASTED GRANOLA OR RAW-NOLA 16

With poached fruit, whipped yoghurt, Almond Milk.

### WAFFLE 18

Mascarpone, plum + blueberry compote, chocolate fudge + peanut brittle

### HOUSE TOAST 8.00

Grain Sourdough + cultured butter

Add house made preserves 1.00

EGG ON TOAST on grain sourdough 10.5

TWO POACHED EGGS on sourdough 13

SIDES Bacon 5

Salmon 6

Egg 2.5

Smoked Goats Cheese 4

### SALAD SIDES 6

Avocado + Sprouts

Sautéed mushroom medley + almonds + macadamia

Cauliflower + buerre noisette

Tomato + burnt onion dressing + smoked goats' cheese

Broccolini, Miso, furikake

Charred vegetables + funky hummus

Carrots, tahini, honey, sesame

Roast pumpkin + black garlic + pangritata

### MUSHROOMS ON TOAST 20

Medley of mushrooms, smoked cheese, buerre noisette, greens, almonds, macadamias, poached egg + sourdough

### CRAB + CHILLI SCRAMBLE 22

Blue swimmer crab, scrambled eggs, chilli sauce, Vietnamese mint + sourdough

### SALMON + MISO BROCCOLINI 20

Fennel cured salmon, miso broccolini, avocado, pickles, sourdough

### PLOUGHMAN'S PAN 21

Roast potato, cream of corn, bacon, poached eggs, pecorino + sourdough

### LAMB + MARINATED VEGETABLES 23

Slow cooked local lamb, marinated vegetables, rocket, pickled okra, funky hummus + sourdough

### CHICKEN + BROWN RICE CONGEE 22

With shallots, broccolini + chilli oil

### PANINI'S 16

- Roast pumpkin, charred + marinated capsicum + fennel + zucchini, rocket, black garlic sauce, smoked goats' cheese
- Bacon, eggs, avocado, tomato chutney

Be sure to inform our staff of any dietary requirements + allergies.

Please note a 7.5% surcharge is applied on weekend to help cover weekend wages loadings, 1.05 % applies on Credit card. Sorry, no split bills for tables of 5 or more.

## COLD PRESS JUICE

Orange Juice 5

Kale, apple, spinach, lemon, ginger 6.5

Watermelon, Strawberry, Apple, Lime, Mint, Rooibos tea 6.5

## COLD DRINKS

Organic Kombucha 6.5 Coconut water, peach, mint 6.5

Sparkling Water 500ml 5.5 Bellerophon Cold Brew 6.5

House made Daily Iced tea 6.5

## SMOOTHIES 500ML 9

Salted Caramel: Banana, Peanut butter, Honey, Maca powder, Coconut milk

Minty Kiwi: Apple, Kiwi, Avo, Mint, Banana, Coconut Oil, Coconut Water.

## ICED DRINKS 500ML 6

Iced Latte Iced Chai Latte Iced Matcha Iced Turmeric

## HOT DRINKS

Espresso, Long Black S 3.5 L 4

Milk Coffee S 4 L 4

Organic Chai Latte / Hot Choc S 4 L 4.5

Soy/Almond Coffee S 4.5 L 5

## SPECIALTY DRINKS Matcha latte Turmeric latte Beetroot Latte

Cows Milk S 4.5 L 5

Soy/Almond Milk S 5 L 5.5

## ORGANIC TEA 500ML POT 5

English breakfast Chamomile Earl Grey Peppermint Sencha Green

## TEA BLENDS:

Ginger Glow: Ginger, Lemon grass, Hibiscus & Calendula Petals.

Herb & Roses: Spearmint, Peppermint, Lemon, Lavender & Rose petals

